# **Free T<sub>4</sub> and Free T<sub>3</sub>** by Dialysis and LC/MS-MS

## A new generation—Free Thyroxine (FT<sub>4</sub>) and Free Triiodothyronine (FT<sub>3</sub>) assays that employ direct measurement through equilibrium dialysis and tandem mass spectrometry

## **Clinical Application**

- Free thyroxine (FT<sub>4</sub>) is the unbound portion of thyroxine (T<sub>4</sub>) that is biologically active and commonly used along with TSH to assess thyroid function.<sup>1,2</sup>
- Free triiodothyronine (FT<sub>3</sub>) is the unbound portion of triiodothyronine (T<sub>3</sub>) that is biologically active and used along with TSH and FT<sub>4</sub>.<sup>1</sup>
- Direct measurement of FT<sub>3</sub> and FT<sub>4</sub> by equilibrium dialysis, high-pressure liquid chromatography, and tandem mass spectrometry (ED-HPLC-MS/MS) provides enhanced accuracy over commonly used analog (automated) methods and is not affected by clinical conditions that impact protein-binding capacity<sup>1,3-6</sup>
  - Eliminates use of indirect FT₄ or FT₃ analogs, indexes or calculations<sup>1,4</sup>
  - Analog assays have been shown to mainly reflect ٠ total thyroid hormones rather than free thyroid hormones<sup>7</sup>
  - Achieves sensitivity for FT<sub>4</sub> to 0.2 ng/dL, and for FT<sub>3</sub> to 0.2 pg/mL
- The following clinical conditions are examples in which the FT<sub>3</sub> and FT<sub>4</sub> by dialysis and MS/MS methods may be useful:
  - Congenital absence of thyroxine-binding protein (TBG)<sup>2</sup>
  - Pregnancy<sup>2,8</sup> •
  - Administration of oral contraceptives or ٠ hormone therapy (for  $FT_4$ )<sup>9</sup>
  - Administration of atypical antipsychotic medications<sup>10</sup>
  - Malignancy or other critical illnesses<sup>11</sup>

### **Scientific Expertise**

- Industry-leading Endocrine Sciences laboratory with 30+ year history
- Extensive thyroid test menu and expertise
- Assay method developed, validated, and maintained onsite by PhD-level scientists
- Complete normative data for children, adults, and pregnant females
- PhD and MD consultation available

## Superior Service

- Comprehensive services for the endocrinology specialist
- Broad network of managed care health plans
- Flexible connectivity options for test ordering and result reporting
- Patient service centers available nationwide
- Courier and logistics services
- Local sales representation

Specialized methodology—not affected by clinical conditions that impact protein-binding capacity

	Free Thyroxine (FT <sub>4</sub> )		Free Triiodothyronine (FT3)	
Test Numbers	501902		503600	
CPT Code	84439		84481	
Method	Direct equilibrium dialysis, high-pressure liquid chromatography, and tandem mass spectrometry (ED-HPLC-MS/MS)			
LLOQ (sensitivity)	0.2 ng/dL		0.2 pg/mL	
Sample Requirement	1.0 mL serum (red-top) or EDTA plasma ship ambient (same day) or frozen.		1.0 mL serum or EDTA plasma ship ambient (same day) or frozen	
Performing Laboratory	Endocrine Sciences			
Reference Interval	Age	Range (ng/dL)	Age	Range (pg/mL)
	Premature (0-4w)	0.86-4.46	Premature (0-4 wk)	1.35-6.25
	Newborn (0-2w)	0.84-4.97	Newborn (0-2 wk)	0.99-8.03
	Newborn (2w-12m)	0.81-2.12	Newborn (2 wk to 12 mo)	1.59-6.15
	1-11 years	0.65-1.9	Prepubertal 1-10 y	2.21-4.99
	Pubertal Children and Adults	0.8-1.7	Children >10 y and adults	1.81-4.06
	Pregnant Females		Pregnant Females	
	First trimester (0-13.3 weeks)	0.65-1.4	First trimester	1.6-3.3
	Second trimester (13.4-26.6 weeks)	0.5-1.3	Second trimester	To be determined
	Third trimester (>26.6 weeks)	0.5-1.1	Third trimester	1.0-3.2

#### Esoterix Direct Accounts: Please use Esoterix test code for the following:

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Free Triiodothyronine (FT<sub>3</sub>) by Dialysis and LC/MS-MS......500336

#### References

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