How does Genetic Counseling at Integrated Genetics work?

- Either your physician or a specialist can refer you for genetic counseling.
- You will speak with the genetic counselor during your scheduled appointment to discuss your personal genetic risk assessment, testing options, and other information needed to support informed decision-making.
- Comprehensive genetic counseling services will be billed separately from any doctor visit. You will be responsible for any charges that your insurance does not cover.
- After the genetic counseling session, the Genetic Counselor sends a summary report to your health care provider.

How do I schedule an appointment with an Integrated Genetics Genetic Counselor?

If your physician recommends genetic counseling with Integrated Genetics, you can call 855-GC-CALLS (855-422-2557) to obtain additional information or to schedule your appointment.

About Integrated Genetics

Our team of experts has been a leader in genetic testing and counseling services for over 25 years.

Learn more about our genetic testing and counseling services by calling our client services team at 800-848-4436 or visiting our websites:

- www.mytestingoptions.com
- www.integratedgenetics.com

This brochure is provided by Integrated Genetics as an educational service for health care providers and their patients.
As the availability of genetic testing increases, a person may face many questions and choices. A Genetic Counselor provides assistance in understanding these options.

What is a Genetic Counselor?

A Genetic Counselor is a health care professional with a master’s degree in human genetics or genetic counseling. The role of a Genetic Counselor is to help you better understand your genetic risks and the tests available to you. Their training enables Genetic Counselors to discuss technical genetic information in practical, useful terms. Integrated Genetics Genetic Counselors can help support you and your family for a wide range of genetic indications through services tailored to meet your needs.

What happens during a comprehensive genetic counseling session?

- The Genetic Counselor evaluates your medical history for relevant information.
- The Genetic Counselor reviews your family history and constructs a 3-generation family tree.
- The Genetic Counselor reviews relevant genetic testing you or your relatives have had, and may review other medical records.
- The Genetic Counselor completes a genetic risk assessment based on the information provided.
- The Genetic Counselor educates you regarding appropriate testing options related to the reason you have been referred.
- You have the opportunity to ask questions about any genetic concerns you may have.
- Based on your knowledge and your judgment, you decide whether to have any genetic testing or procedures. The decision is entirely yours.

Who could consider genetic counseling with Integrated Genetics?

People who have reproductive concerns:
- A woman who will be 35 years or older when her baby is born
- Anyone with an abnormal genetic test result, positive screening or abnormal ultrasound during pregnancy
- Anyone with a family history of a disease or condition that runs in the family, birth defect or intellectual disability
- Couples with infertility thought to have a genetic cause or two or more unexplained pregnancy losses

People who have concerns regarding a personal or family history of cancer, including:
- Breast cancer at age 50 or younger or multiple primary breast cancers
- Ovarian cancer
- Family history of colorectal cancer at a younger age than usual (<50)
- Breast, ovarian or pancreatic cancers in the same individual or on the same side of the family
- A previously identified hereditary cancer mutation in the family

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