

People of all ages, races and ethnicities—who are either healthy or have pre-existing conditions—participate in clinical trials research all over the world. You can too.

You can search for  
clinical studies in your area  
[clinicaltrials.gov](https://clinicaltrials.gov)

To learn what Labcorp is doing,  
scan the QR Code



**Additional helpful resources:**

**NIH: What are Clinical Trials**

[https://www.nia.nih.gov/health/  
what-are-clinical-trials-and-studies](https://www.nia.nih.gov/health/what-are-clinical-trials-and-studies)

**ClinicalTrials.gov: For Patients and Families**

<https://clinicaltrials.gov/ct2/help/for-patient>

Ultimately, clinical studies help others while helping you as well. The more research collected, the better scientists, doctors and other healthcare professionals can learn how to treat diseases. At Labcorp, we value thorough research so we can deliver data-driven results to improve the lives of patients just like you all over the world.

**We look forward to learning with you.**



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Understanding clinical  
studies and the potential  
benefits of study  
participation





With Labcorp, your contributions to the study of new drugs provide the necessary data for Food and Drug Administration (FDA) and other regulatory approvals. They can also help researchers find new ways to use old drugs.



### RECEIVE EXPERT MEDICAL CARE

You will receive close monitoring by our expert healthcare team throughout the study. In some cases, you may even receive free access to standard drugs and routine procedures.



### HELP ADVANCE MEDICAL TREATMENT

Ultimately, you will help other patients like yourself by expanding the research contributing to the development of new medicines that will improve patients' lives all over the world.

### Clinical studies bring hope

Clinical studies—like the ones you are considering—bring the hope of new medicines and medical devices to many of today's biggest healthcare challenges. Explore whether a clinical trial might be right for you.

## So, what is a clinical study (a.k.a. “clinical trial”)?

Clinical studies are kinds of research that determine if new therapies are safe and effective for treating and preventing diseases and health conditions.

Study investigators and teams must follow strict protocol that dictates how the study is executed and how safety measures will be implemented. New therapies studied in protocols include medications, vaccines, medical devices and procedures.

Clinical studies provide the scientific backing and real-world evidence needed to get new treatments approved by the FDA and into the hands of patients like you. For example, without the hundreds of thousands of willing participants in clinical studies for COVID-19 treatments and vaccines, pandemic lockdowns could have lasted much longer, and hospitalization and death rates would have been higher.

*So, by joining a clinical study, you contribute to meaningful changes and a positive impact on our lives.*

## Should I participate?

This is a decision that is best made with consultation from healthcare professionals, study teams and even the input of your friends and family. Study participation is completely voluntary and can be canceled at any time. Ensure all of your answers about the potential benefits and risks get answered, and thoroughly consider what's involved, including:

- Dosing schedules
- Time commitments
- Travel commitments and accessibility
- Bottom line: consider conversations with your doctors, family and friends before enrolling in a study



## What is in place to protect my safety?

Clinical studies follow rigorous standards and are highly regulated by the government to protect participants. Every research proposal must be reviewed and approved by the FDA, as well as an independent Ethics Committee (EC) or Institutional Review Board (IRB) to safeguard the rights and welfare of participants. Often, studies also employ an Independent Data Safety and Monitoring Board to regularly review accumulating data on patients in a trial.

Similar to all medical treatments and procedures, clinical studies are not 100% risk-free. However, measures are taken to monitor your rights, safety and wellbeing above all else. Despite these precautions, your condition or health could remain the same, improve or get worse. For this reason, protocol visits and assessments are scheduled regularly to help enable close monitoring and early detection of any potential issues.

## How can I participate?

Ask your healthcare provider if there is a clinical study that is right for you. Patient advocacy groups for specific diseases can act as another great resource to learn what studies are being conducted for you and/or your condition.

