

Allergy: Common ICD-10-CM Sign and Symptom Codes

Listed below are the ICD-10-CM codes commonly received by Labcorp from ordering physicians for allergy testing. Code descriptions were taken from the official code set, issued by the US Department of Health and Human Services, as updated effective October 1, 2025 through September 30, 2026. Depending on the nature of your practice, this list may be a useful reference tool; however, it is not a complete list. Please refer to an ICD-10-CM manual for a complete listing. Responsibility for the provision of correct diagnosis code(s) is with the ordering physician. The ordering physician must always determine, for the specific date of service, the appropriate diagnosis code(s) based on the patient's signs and symptoms. ICD-CM codes in effect at the time of service are required by third-party payers to support the medical necessity of the test(s) and/or profile(s) ordered. Physicians are asked to submit all medically appropriate ICD-CM codes when ordering laboratory testing.

Labcorp's provision of this information as a customer service does not suggest and is not meant to suggest that any of these codes should or should not be used on any given occasion. Labcorp makes no recommendation regarding the use of any particular diagnosis code(s). Diagnosis information, including details provided on laboratory test orders, should be clearly documented in the patient's medical record.

Symbol	Diagnosis	
	Code	Sign or Symptom
§	R14.0	Abdominal distension (gaseous)
➤§	R79.9	Abnormal finding of blood chemistry, unspecified
	R74.8	Abnormal levels of other serum enzymes
§	R63.5	Abnormal weight gain
§	R63.4	Abnormal weight loss
▶▲§	J06.9	Acute upper respiratory infection, unspecified
‡§	M81.0	Age-related osteoporosis without current pathological fracture (adult age 15-124)
§	L23.9	Allergic contact dermatitis, unspecified cause
▶§	J30.81	Allergic rhinitis due to animal (cat) (dog) hair and dander
▶§	J30.5	Allergic rhinitis due to food
▶§	J30.1	Allergic rhinitis due to pollen
▶§	J30.9	Allergic rhinitis, unspecified
§	L50.0	Allergic urticaria
o	Z88.0	Allergy status to penicillin
o	Z88.9	Allergy status to unspecified drugs, medicaments and biological substances status
o	Z91.0120	Allergy to eggs, unspecified
o	Z91.014	Allergy to mammalian meats
o§	Z91.0110	Allergy to milk products, unspecified
o	Z91.018	Allergy to other foods
o	Z91.010	Allergy to peanuts
o	Z91.013	Allergy to seafood
➤§	T78.40XA	Allergy, unspecified, initial encounter
➤§	T78.40XD	Allergy, unspecified, subsequent encounter
➤§	T78.08XD	Anaphylactic reaction due to eggs, subsequent encounter
➤§	T78.01XA	Anaphylactic reaction due to peanuts, initial encounter
➤§	T78.01XD	Anaphylactic reaction due to peanuts, subsequent encounter
➤§	T78.05XA	Anaphylactic reaction due to tree nuts and seeds, initial encounter
➤§	T78.05XD	Anaphylactic reaction due to tree nuts and seeds, subsequent encounter
➤§	T78.00XA	Anaphylactic reaction due to unspecified food, initial encounter
➤§	T78.00XD	Anaphylactic reaction due to unspecified food, subsequent encounter
➤§	T78.2XXA	Anaphylactic shock, unspecified, initial encounter
➤§	T78.2XXD	Anaphylactic shock, unspecified, subsequent encounter
§	D64.9	Anemia, unspecified

Symbol	Diagnosis	
	Code	Sign or Symptom
➤§	T78.3XXA	Angioneurotic edema, initial encounter
➤§	T78.3XXD	Angioneurotic edema, subsequent encounter
	F41.9	Anxiety disorder, unspecified
	L20.9	Atopic dermatitis, unspecified
§	E06.3	Autoimmune thyroiditis
o	Z91.030	Bee allergy status
§	W57.XXXA	Bitten or stung by nonvenomous insect and other nonvenomous arthropods, initial encounter
▶§	J47.9	Bronchiectasis, uncomplicated
▼Δ§	K90.0	Celiac disease
§	R19.4	Change in bowel habit
§	R05.3	Chronic cough
§	R53.82	Chronic fatigue, unspecified
▶▶	J32.0	Chronic maxillary sinusitis
▶★§	J44.9	Chronic obstructive pulmonary disease, unspecified
▶§	J31.0	Chronic rhinitis
▶▶	J32.9	Chronic sinusitis, unspecified
§	K59.00	Constipation, unspecified
o	Z77.120	Contact with and (suspected) exposure to mold (toxic)
§	R05.9	Cough, unspecified
Δ§	E84.9	Cystic fibrosis, unspecified
§	L27.2	Dermatitis due to ingested food
	L30.9	Dermatitis, unspecified
§	L50.3	Dermatographic urticaria
§	R19.7	Diarrhea, unspecified
§	D89.9	Disorders involving the immune mechanism, unspecified
§	R42	Dizziness and giddiness
§	R06.00	Dyspnea, unspecified
§	Z01.82	Encounter for allergy testing
§	Z01.89	Encounter for other specified special examinations
§	Z13.1	Encounter for screening for diabetes mellitus
§	Z13.0	Encounter for screening for diseases of the blood and blood-forming organs and certain disorders involving the immune mechanism
§	Z11.3	Encounter for screening for infections with a predominantly sexual mode of transmission
§	Z13.220	Encounter for screening for lipid disorders
§	Z13.29	Encounter for screening for other suspected endocrine disorder

Symbol	Diagnosis	
	Code	Sign or Symptom
§	E34.9	Endocrine disorder, unspecified
§	D72.1Ø	Eosinophilia, unspecified
◄§	K2Ø.Ø	Eosinophilic esophagitis
§	R1Ø.13	Epigastric pain
●§	I1Ø	Essential (primary) hypertension
❖	R23.2	Flushing
§	K21.9	Gastro-esophageal reflux disease without esophagitis
§	R1Ø.84	Generalized abdominal pain
	R51.9	Headache, unspecified
§	E78.5	Hyperlipidemia, unspecified
§	EØ3.9	Hypothyroidism, unspecified
§	L5Ø.1	Idiopathic urticaria
§	D84.9	Immunodeficiency, unspecified
►▼§	J84.9	Interstitial pulmonary disease, unspecified
	L2Ø.84	Intrinsic (allergic) eczema
	D5Ø.9	Iron deficiency anemia, unspecified
	K58.Ø	Irritable bowel syndrome with diarrhea
§	R22.Ø	Localized swelling, mass and lump, head
◄§	A69.2Ø	Lyme disease, unspecified
§	K9Ø.49	Malabsorption due to intolerance, not elsewhere
§	D89.4Ø	Mast cell activation, unspecified
►◆§	J45.2Ø	Mild intermittent asthma, uncomplicated
►◆§	J45.3Ø	Mild persistent asthma, uncomplicated
§	E78.2	Mixed hyperlipidemia
►◆§	J45.41	Moderate persistent asthma with (acute) exacerbation
►◆§	J45.4Ø	Moderate persistent asthma, uncomplicated
§	RØ9.81	Nasal congestion
§	R11.Ø	Nausea
§	R11.2	Nausea with vomiting, unspecified
§	D8Ø.1	Nonfamilial hypogammaglobulinemia
§	K52.9	Noninfective gastroenteritis and colitis, unspecified
◊◎§	E66.9	Obesity, unspecified
►★§	T78.19XA	Other adverse food reactions, not elsewhere classified, initial encounter
►★§	T78.19XD	Other adverse food reactions, not elsewhere classified, subsequent encounter
►§	J3Ø.89	Other allergic rhinitis
○	Z91.Ø9	Other allergy status, other than to drugs and biological substances
►§	T78.49XA	Other allergy, initial encounter
►◆§	J45.998	Other asthma
	L2Ø.89	Other atopic dermatitis
§	K59.Ø9	Other constipation
§	R53.83	Other fatigue
§	R19.5	Other fecal abnormalities
§	RØ6.Ø9	Other forms of dyspnea
	R68.89	Other general symptoms and signs
○	Z91.Ø38	Other insect allergy status
○⊛	Z79.899	Other long term (current) drug therapy
§	R53.81	Other malaise
§	D47.Ø9	Other mast cell neoplasms of uncertain behavior
§	R91.8	Other nonspecific abnormal finding of lung field

Symbol	Diagnosis	
	Code	Sign or Symptom
	L28.2	Other prurigo
§	L29.89	Other pruritus
►§	J3Ø.2	Other seasonal allergic rhinitis
►§	R79.89	Other specified abnormal findings of blood chemistry
	R76.89	Other specified abnormal immunological findings in serum
►★§	J44.89	Other specified chronic obstructive pulmonary disease
	L3Ø.8	Other specified dermatitis
§	D89.89	Other specified disorders involving the immune mechanism, not elsewhere classified
§	R19.8	Other specified symptoms and signs involving the digestive system and abdomen
§	L5Ø.8	Other urticaria
	M25.5Ø	Pain in unspecified joint
§	R1Ø.33	Periumbilical pain
	Z76.89	Persons encountering health services in other specified circumstances
►■▽∞§	J18.9	Pneumonia, unspecified organism
≈	UØ9.9	Post COVID-19 condition, unspecified
§	RØ9.82	Postnasal drip
§	R73.Ø3	Prediabetes
§	L29.9	Pruritus, unspecified
►▼□§	J84.1Ø	Pulmonary fibrosis, unspecified
§	E78.ØØ	Pure hypercholesterolemia, unspecified
§	R21	Rash and other nonspecific skin eruption
►◆§	J45.51	Severe persistent asthma with (acute) exacerbation
►◆§	J45.5Ø	Severe persistent asthma, uncomplicated
§	RØ6.Ø2	Shortness of breath
▲§	D47.Ø2	Systemic mastocytosis
◆§	E11.65	Type 2 diabetes mellitus with hyperglycemia
◆§	E11.9	Type 2 diabetes mellitus without complications
§	R1Ø.9	Unspecified abdominal pain
►◆§	J45.9Ø9	Unspecified asthma, uncomplicated
◄§	B99.9	Unspecified infectious disease
§	L5Ø.9	Urticaria, unspecified
§	E55.9	Vitamin D deficiency, unspecified
§	R11.1Ø	Vomiting, unspecified
§	RØ6.2	Wheezing

Legend for Symbols

- § Excludes1 (mutually exclusive diagnosis code) notation applies (please refer to the ICD-10-CM manual)
- Use additional code to identify any retained foreign body, if applicable (Z18.-)
- ▶ Use additional code, where applicable, to identify:
 - exposure to environmental tobacco smoke (Z77.22)
 - exposure to tobacco smoke in the perinatal period (P96.81)
 - history of tobacco dependence (Z87.891)
 - occupational exposure to environmental tobacco smoke (Z57.31)
 - tobacco dependence (F17.-)
 - tobacco use (Z72.Ø)
- ▲ Use additional code (B95-B97) to identify infectious agent, if known, such as:
 - respiratory syncytial virus (RSV) (B97.4)
- ‡ Use additional code to identify:
 - major osseous defect, if applicable (M89.7-)
 - personal history of (healed) osteoporosis fracture, if applicable (Z87.31Ø)
- Code also any follow-up examination (ZØ8-ZØ9)
- ▼ Use additional code for associated disorders including:
 - dermatitis herpetiformis (L13.Ø)
 - gluten ataxia (G32.81)
- △ Code also exocrine pancreatic insufficiency (K86.81)
- ✦ Use additional code to identify infectious agent (B95-B97)
- ★ Code also type of asthma, if applicable (J45.-)
- ◀ Use additional code to identify:
 - alcohol abuse and dependence (F1Ø.-)
- Use additional code to identify:
 - exposure to environmental tobacco smoke (Z77.22)
 - history of tobacco dependence (Z87.891)
 - occupational exposure to environmental tobacco smoke (Z57.31)
 - tobacco dependence (F17.-)
 - tobacco use (Z72.Ø)
- ❖ Code first, if applicable, menopausal and female climacteric states (N95.1)
- ▼ Code also, if applicable, associated condition
- ◀ Use additional code to identify resistance to antimicrobial drugs (Z16.-)
- ◇ Use additional code to identify:
 - eosinophilic asthma (J82.83)
 - exposure to environmental tobacco smoke (Z77.22)
 - exposure to tobacco smoke in the perinatal period (P96.81)
 - history of tobacco dependence (Z87.891)
 - occupational exposure to environmental tobacco smoke (Z57.31)
 - tobacco dependence (F17.-)
 - tobacco use (Z72.Ø)
- ◇ Code first obesity complicating pregnancy, childbirth and the puerperium, if applicable (O99.21-)
- ⊙ Use additional code to identify body mass index (BMI), if known, for adults (Z68.1-Z68.45) or pediatrics (Z68.5-)
- ☆ Use additional code to identify the type of reaction, if applicable
- ⊕ Code also any therapeutic drug level monitoring (Z51.81)
- Use additional code, if applicable, to identify resistance to antimicrobial drugs (Z16.-)
- ▽ Code first, if applicable, associated influenza (JØ9.X1, J1Ø.Ø-, J11.Ø-)
- ∞ Code also, if applicable, any associated condition such as:
 - aspiration pneumonia (J69.-)

Legend for Symbols *(continued)*

- ≈ Code first the specific condition related to COVID-19 if known, such as:
 - chronic respiratory failure (J96.1-)
 - loss of smell (R43.8)
 - loss of taste (R43.8)
 - multisystem inflammatory syndrome (M35.81)
 - pulmonary embolism (I26.-)
 - pulmonary fibrosis (J84.1Ø)
- Code also, if applicable, pulmonary fibrosis (chronic) due to inhalation of chemicals, gases, fumes or vapors (J68.4)
- ▲ Code also, if applicable, any associated hematological non-mast cell lineage disease, such as:
 - acute myeloid leukemia (C92.6-, C92.A-)
 - chronic myelomonocytic leukemia (C93.1-)
 - essential thrombocytosis (D47.3)
 - hypereosinophilic syndrome (D72.1)
 - myelodysplastic syndrome (D46.9)
 - myeloproliferative syndrome (D47.1)
 - non-Hodgkin lymphoma (C82-C85)
 - plasma cell myeloma (C9Ø.Ø-)
 - polycythemia vera (D45)
- ◆ Use additional code to identify control using:
 - injectable non-insulin antidiabetic drugs (Z79.85)
 - insulin (Z79.4)
 - oral antidiabetic drugs (Z79.84)
 - oral hypoglycemic drugs (Z79.84)