# SHOX Gene Analysis A Diagnostic Tool for Children With Short Stature

# **Clinical Application**

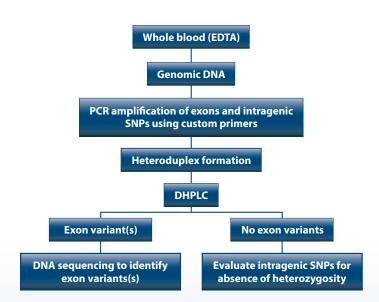
- The short stature homeobox-containing (*SHOX*) gene is located in the pseudoautosomal 1 (PAR 1) region of the X and Y chromosomes.<sup>1,2</sup>
  - Haploinsufficiency due to deficiency of 1 copy of the *SHOX* gene can result in a range of phenotypes from short stature to Leri-Weill dychondrosteosis (LWD).<sup>3-10</sup>
  - Haploinsufficiency of the SHOX gene is indicated as the cause of short stature in Turner syndrome.<sup>1,2,11,12</sup>
  - Deficiency of both copies of the SHOX gene results in the severe growth retardation condition Langer mesomelic dysplasia (LMD).<sup>3,4,13,14</sup>
- Studies indicate that 2% to 15% of children with idiopathic short stature have mutations in the SHOX gene.<sup>7-10</sup> Those children who have SHOX gene mutations are responsive to growth hormone therapy.<sup>15,16</sup>
- Identification of a *SHOX* gene mutation in a patient may be useful for:
  - Establishing a genetic basis for idiopathic short stature.
  - Family studies.
  - Confirming a diagnosis of LWD.
  - Guiding therapeutic decisions.
- Comprehensive testing is performed by PCR amplification and DHPLC screening for mutations in and complete deletion of the *SHOX* gene.
  - Specific mutations in the *SHOX* gene are identified by DNA sequence analysis.
  - Single nucleotide polymorphism (SNP) analysis is performed across the *SHOX* gene to detect whole gene deletion.

# **Scientific Expertise**

- Industry leading endocrine sciences laboratory with a history exceeding 30 years
- Extensive pituitary and androgen disorder test menu and expertise
- Assay method developed, validated, and maintained on site by PhD-level scientists
- Complete normative data for children and adults
- PhD and MD consultation available

# **Superior Service**

- Comprehensive services for the endocrinology specialist
- Broad network of managed care health plans
- Flexible connectivity options for test ordering and result reporting
- Patient service centers available nationwide
- Courier and logistics services
- Local sales representation





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**Specimen** 3.0 mL whole blood

Minimum Volume 1.0 mL whole blood

Container Lavender-top (EDTA) tube

**Storage Instructions** Maintain specimen at room temperature. Stable refrigerated for up to seven days. **Method** Mutation analysis by PCR, DHPLC, and sequencing as needed

Schedule/Turnaround Time Performed M-F, TAT 14-21 days

## Esoterix Direct Accounts: Please use Esoterix test code 504005

#### References

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